



# ARIZONA HOUSE OF REPRESENTATIVES

57th Legislature, 2nd Regular Session  
Majority Research Staff

---

## **HB 2093: mental health instruction requirement; repeal**

**Sponsor: Representative Fink, LD 27**

**Committee on Education**

### **Overview**

Repeals the requirement that the State Board of Education (SBE) require that health education instruction include mental health instruction.

### **History**

[Laws 2021, Chapter 445](#) directs SBE, when adopting course of study and competency requirements for common schools and high schools, to require that all health education instruction include mental health instruction. Mental health instruction may be delivered in a health course or another existing course and must incorporate the multiple dimensions of health by including mental health and the relationship of physical and mental health to enhance student understanding, social and emotional learning, attitudes and behavior that promote health and well-being. SBE must consult with mental health experts, mental health advocacy organizations and the Arizona Department of Education when adopting the mental health instruction requirement ([A.R.S. § 15-701.03](#)) (A.A.C. [R7-2-301](#) and [R7-2-302](#)).

SBE rules require students in common school grades to demonstrate competency of the academic standards in specified subjects, including health/physical education, which must include mental health instruction ([A.A.C. R7-2-301](#)).

### **Provisions**

1. Repeals statute that mandates SBE, when adopting course of study and competency requirements for common schools and high schools, to require that all health education include mental health instruction.

<input type="checkbox"/> Prop 105 (45 votes)	<input type="checkbox"/> Prop 108 (40 votes)	<input type="checkbox"/> Emergency (40 votes)	<input type="checkbox"/> Fiscal Note
--	--	---	--------------------------------------