

REFERENCE TITLE: **postpartum depression; treatment; insurers**

State of Arizona  
House of Representatives  
Fifty-seventh Legislature  
First Regular Session  
2025

## **HB 2332**

Introduced by  
Representative Willoughby

### AN ACT

AMENDING TITLE 20, CHAPTER 4, ARTICLE 3, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-841.14; AMENDING TITLE 20, CHAPTER 4, ARTICLE 9, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-1057.20; AMENDING TITLE 20, CHAPTER 6, ARTICLE 4, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-1376.11; AMENDING TITLE 20, CHAPTER 6, ARTICLE 5, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-1406.11; AMENDING TITLE 20, CHAPTER 28, ARTICLE 1, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-3506; AMENDING TITLE 20, CHAPTER 31, ARTICLE 1, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-3655; AMENDING TITLE 36, CHAPTER 5, ARTICLE 1, ARIZONA REVISED STATUTES, BY ADDING SECTIONS 36-503.04 AND 36-503.05; AMENDING TITLE 36, CHAPTER 29, ARTICLE 1, ARIZONA REVISED STATUTES, BY ADDING SECTIONS 36-2930.07 AND 36-2930.08; RELATING TO POSTPARTUM DEPRESSION.

(TEXT OF BILL BEGINS ON NEXT PAGE)

1 Be it enacted by the Legislature of the State of Arizona:

2 Section 1. Title 20, chapter 4, article 3, Arizona Revised  
3 Statutes, is amended by adding section 20-841.14, to read:

4 20-841.14. Coverage for postpartum depression; health care  
5 professionals

6 A HOSPITAL SERVICE CORPORATION OR MEDICAL SERVICE CORPORATION THAT  
7 ISSUES, AMENDS, DELIVERS OR RENEWS A SUBSCRIPTION CONTRACT ON OR AFTER  
8 JANUARY 1, 2026 SHALL PROVIDE COVERAGE FOR POSTPARTUM DEPRESSION SCREENING  
9 PURSUANT TO SECTION 36-503.05 AND ADDITIONAL REIMBURSEMENT COSTS TO  
10 ADEQUATELY COMPENSATE A HEALTH CARE PROFESSIONAL FOR THE SCREENING. THE  
11 HOSPITAL SERVICE CORPORATION OR MEDICAL SERVICE CORPORATION SHALL PROVIDE  
12 BROAD ACCESS TO POSTPARTUM DEPRESSION SCREENING THAT IS CONSISTENT WITH  
13 EVIDENCE-BASED GUIDELINES.

14 Sec. 2. Title 20, chapter 4, article 9, Arizona Revised Statutes,  
15 is amended by adding section 20-1057.20, to read:

16 20-1057.20. Coverage for postpartum depression; health care  
17 professionals

18 A HEALTH CARE SERVICES ORGANIZATION THAT ISSUES, AMENDS, DELIVERS OR  
19 RENEWS AN EVIDENCE OF COVERAGE ON OR AFTER JANUARY 1, 2026 SHALL PROVIDE  
20 COVERAGE FOR POSTPARTUM DEPRESSION SCREENING PURSUANT TO SECTION 36-503.05  
21 AND ADDITIONAL REIMBURSEMENT COSTS TO ADEQUATELY COMPENSATE A HEALTH CARE  
22 PROFESSIONAL FOR THE SCREENING. THE HEALTH CARE SERVICES ORGANIZATION  
23 SHALL PROVIDE BROAD ACCESS TO POSTPARTUM DEPRESSION SCREENING THAT IS  
24 CONSISTENT WITH EVIDENCE-BASED GUIDELINES.

25 Sec. 3. Title 20, chapter 6, article 4, Arizona Revised Statutes,  
26 is amended by adding section 20-1376.11, to read:

27 20-1376.11. Coverage for postpartum depression; health care  
28 professionals

29 A DISABILITY INSURER THAT ISSUES, AMENDS, DELIVERS OR RENEWS A  
30 POLICY ON OR AFTER JANUARY 1, 2026 SHALL PROVIDE COVERAGE FOR POSTPARTUM  
31 DEPRESSION SCREENING PURSUANT TO SECTION 36-503.05 AND ADDITIONAL  
32 REIMBURSEMENT COSTS TO ADEQUATELY COMPENSATE A HEALTH CARE PROFESSIONAL  
33 FOR THE SCREENING. THE DISABILITY INSURER SHALL PROVIDE BROAD ACCESS TO  
34 POSTPARTUM DEPRESSION SCREENING THAT IS CONSISTENT WITH EVIDENCE-BASED  
35 GUIDELINES.

36 Sec. 4. Title 20, chapter 6, article 5, Arizona Revised Statutes,  
37 is amended by adding section 20-1406.11, to read:

38 20-1406.11. Coverage for postpartum depression; health care  
39 professionals

40 A GROUP OR BLANKET DISABILITY INSURER THAT ISSUES, AMENDS, DELIVERS  
41 OR RENEWS A POLICY ON OR AFTER JANUARY 1, 2026 SHALL PROVIDE COVERAGE FOR  
42 POSTPARTUM DEPRESSION SCREENING PURSUANT TO SECTION 36-503.05 AND  
43 ADDITIONAL REIMBURSEMENT COSTS TO ADEQUATELY COMPENSATE A HEALTH CARE  
44 PROFESSIONAL FOR THE SCREENING. THE GROUP OR BLANKET DISABILITY INSURER

1 SHALL PROVIDE BROAD ACCESS TO POSTPARTUM DEPRESSION SCREENING THAT IS  
2 CONSISTENT WITH EVIDENCE-BASED GUIDELINES.

3 Sec. 5. Title 20, chapter 28, article 1, Arizona Revised Statutes,  
4 is amended by adding section 20-3506, to read:

5 20-3506. Coverage for postpartum depression; health care  
6 professionals

7 A HEALTH CARE INSURER THAT ISSUES, AMENDS, DELIVERS OR RENEWS A  
8 HEALTH PLAN ON OR AFTER JANUARY 1, 2026 SHALL PROVIDE COVERAGE FOR  
9 POSTPARTUM DEPRESSION SCREENING PURSUANT TO SECTION 36-503.05 AND  
10 ADDITIONAL REIMBURSEMENT COSTS TO ADEQUATELY COMPENSATE A HEALTH CARE  
11 PROFESSIONAL FOR THE SCREENING. THE HEALTH CARE INSURER SHALL PROVIDE  
12 BROAD ACCESS TO POSTPARTUM DEPRESSION SCREENING THAT IS CONSISTENT WITH  
13 EVIDENCE-BASED GUIDELINES.

14 Sec. 6. Title 20, chapter 31, article 1, Arizona Revised Statutes,  
15 is amended by adding section 20-3655, to read:

16 20-3655. Prescription drugs; coverage; postpartum depression;  
17 step therapy protocol

18 A HEALTH CARE INSURER, HEALTH CARE PLAN, PHARMACY BENEFIT MANAGER OR  
19 UTILIZATION REVIEW AGENT MAY NOT REQUIRE OR IMPOSE A STEP THERAPY PROTOCOL  
20 FOR A DRUG THAT IS APPROVED BY THE UNITED STATES FOOD AND DRUG  
21 ADMINISTRATION TO TREAT POSTPARTUM DEPRESSION.

22 Sec. 7. Title 36, chapter 5, article 1, Arizona Revised Statutes,  
23 is amended by adding sections 36-503.04 and 36-503.05, to read:

24 36-503.04. Maternal mental health conditions; educational  
25 materials and information; distribution;  
26 definitions

27 A. THE DEPARTMENT SHALL DEVELOP WRITTEN EDUCATIONAL MATERIALS AND  
28 INFORMATION FOR HEALTH CARE PROFESSIONALS AND PATIENTS REGARDING MATERNAL  
29 MENTAL HEALTH CONDITIONS, INCLUDING POSTPARTUM DEPRESSION. THE MATERIALS  
30 SHALL INCLUDE INFORMATION ON THE SYMPTOMS AND METHODS OF COPING WITH  
31 POSTPARTUM DEPRESSION, AS WELL AS TREATMENT OPTIONS AND RESOURCES. THE  
32 DEPARTMENT SHALL PERIODICALLY REVIEW THE MATERIALS AND INFORMATION TO  
33 DETERMINE THEIR ACCURACY AND ENSURE THAT THEY REFLECT THE MOST UP-TO-DATE  
34 AND ACCURATE INFORMATION.

35 B. THE DEPARTMENT SHALL POST THE MATERIALS AND INFORMATION REQUIRED  
36 BY SUBSECTION A OF THIS SECTION ON ITS PUBLIC WEBSITE. THE DEPARTMENT  
37 SHALL MAKE AVAILABLE OR DISTRIBUTE THE MATERIALS AND INFORMATION IN  
38 PHYSICAL FORM ON REQUEST.

39 C. A HEALTH CARE INSTITUTION SHALL PROVIDE EACH DEPARTING NEW  
40 PARENT AND OTHER FAMILY MEMBERS, AS APPROPRIATE, WITH WRITTEN MATERIALS  
41 AND INFORMATION DEVELOPED PURSUANT TO SUBSECTION A OF THIS SECTION ON THE  
42 NEW PARENT'S DISCHARGE FROM THE HEALTH CARE INSTITUTION.

43 D. EACH HEALTH CARE INSTITUTION, PRIMARY CARE PHYSICIAN AND PRIMARY  
44 CARE PRACTITIONER, OR ANY OTHER HEALTH PROFESSIONAL WHO RENDERS POSTNATAL  
45 CARE OR WHO PROVIDES PEDIATRIC INFANT CARE, SHALL PROVIDE THE MATERIALS

1 AND INFORMATION DEVELOPED PURSUANT TO SUBSECTION A OF THIS SECTION TO ANY  
2 WOMAN WHO PRESENTS WITH SIGNS OF A MATERNAL MENTAL HEALTH DISORDER.

3 E. FOR THE PURPOSES OF THIS SECTION:

4 1. "HEALTH CARE INSTITUTION" HAS THE SAME MEANING PRESCRIBED IN  
5 SECTION 36-401.

6 2. "PRIMARY CARE PHYSICIAN" AND "PRIMARY CARE PRACTITIONER" HAVE  
7 THE SAME MEANINGS PRESCRIBED IN SECTION 36-2901.

8 36-503.05. Postpartum depression screening; referrals;  
9 definitions

10 A. EACH PRIMARY CARE PHYSICIAN AND PRIMARY CARE PRACTITIONER, OR  
11 ANY OTHER HEALTH PROFESSIONAL WHO RENDERS POSTNATAL CARE OR WHO PROVIDES  
12 PEDIATRIC INFANT CARE, SHALL ENSURE THAT THE POSTNATAL CARE PATIENT OR  
13 BIRTH MOTHER OF THE PEDIATRIC INFANT CARE PATIENT, AS APPLICABLE, IS  
14 OFFERED SCREENING FOR POSTPARTUM DEPRESSION AND, IF THE PATIENT OR BIRTH  
15 MOTHER DOES NOT OBJECT, SHALL ENSURE THAT THE POSTNATAL CARE PATIENT OR  
16 BIRTH MOTHER IS APPROPRIATELY SCREENED FOR POSTPARTUM DEPRESSION  
17 CONSISTENT WITH EVIDENCE-BASED GUIDELINES.

18 B. IF A HEALTH PROFESSIONAL WHO ADMINISTERS POSTPARTUM DEPRESSION  
19 SCREENING IN ACCORDANCE WITH THIS SECTION DETERMINES BASED ON THE  
20 SCREENING METHODOLOGY ADMINISTERED THAT THE POSTNATAL CARE PATIENT OR  
21 BIRTH MOTHER OF THE PEDIATRIC INFANT CARE PATIENT IS LIKELY TO BE  
22 SUFFERING FROM POSTPARTUM DEPRESSION, THE HEALTH CARE PROFESSIONAL SHALL  
23 PROVIDE APPROPRIATE REFERRALS AND DISCUSS THE AVAILABILITY OF TREATMENTS  
24 FOR POSTPARTUM DEPRESSION, INCLUDING PHARMACOLOGICAL TREATMENTS.

25 C. FOR THE PURPOSES OF THIS SECTION, "PRIMARY CARE PHYSICIAN" AND  
26 "PRIMARY CARE PRACTITIONER" HAVE THE SAME MEANINGS PRESCRIBED IN SECTION  
27 36-2901.

28 Sec. 8. Title 36, chapter 29, article 1, Arizona Revised Statutes,  
29 is amended by adding sections 36-2930.07 and 36-2930.08, to read:

30 36-2930.07. Postpartum depression medication; step therapy;  
31 prohibition

32 THE ADMINISTRATION AND ITS CONTRACTORS MAY NOT REQUIRE OR IMPOSE ANY  
33 STEP THERAPY PROTOCOL AS DEFINED IN SECTION 20-3651 FOR A DRUG THAT IS  
34 APPROVED BY THE UNITED STATES FOOD AND DRUG ADMINISTRATION FOR TREATING  
35 POSTPARTUM DEPRESSION.

36 36-2930.08. Postpartum depression; screening; coverage

37 THE ADMINISTRATION AND ITS CONTRACTORS SHALL PROVIDE COVERAGE FOR  
38 POSTPARTUM DEPRESSION SCREENING THAT MAY BE REQUIRED PURSUANT TO SECTION  
39 36-503.05. THE ADMINISTRATION AND ITS CONTRACTORS SHALL PROVIDE  
40 REIMBURSEMENT FOR ANY REQUIRED POSTPARTUM DEPRESSION SCREENING THAT IS  
41 ADEQUATE TO COMPENSATE THE HEALTH CARE PROFESSIONAL FOR PROVIDING THE  
42 SCREENING AND TO ENSURE BROAD ACCESS TO POSTPARTUM DEPRESSION SCREENING  
43 THAT IS CONSISTENT WITH EVIDENCE-BASED GUIDELINES.