

House Engrossed
health care appeals

State of Arizona
House of Representatives
Fifty-sixth Legislature
Second Regular Session
2024

HOUSE BILL 2599

AN ACT

AMENDING SECTIONS 20-2501, 20-2532, 20-2533, 20-2534, 20-2535, 20-2536 AND 20-2537, ARIZONA REVISED STATUTES; AMENDING TITLE 20, CHAPTER 15, ARTICLE 2, ARIZONA REVISED STATUTES, BY ADDING SECTION 20-2542; RELATING TO UTILIZATION REVIEWS.

(TEXT OF BILL BEGINS ON NEXT PAGE)

1 Be it enacted by the Legislature of the State of Arizona:
2 Section 1. Section 20-2501, Arizona Revised Statutes, is amended to
3 read:
4 20-2501. Definitions; scope
5 A. In this chapter, unless the context otherwise requires:
6 1. "Adverse ~~decision~~ DETERMINATION":
7 (a) Means a utilization review determination by the utilization
8 review agent that a requested service or claim for service OR A DENIAL,
9 REDUCTION OR TERMINATION OF A SERVICE, IN WHOLE OR IN PART, is not a
10 covered service, or is not medically necessary OR APPROPRIATE, INCLUDING
11 HEALTH CARE SETTING, LEVEL OF CARE OR EFFECTIVENESS OF A COVERED BENEFIT,
12 OR IS EXPERIMENTAL OR INVESTIGATIONAL under the plan if that determination
13 results in a documented denial or nonpayment of the service or claim.
14 (b) INCLUDES A RESCISSION.
15 2. "Benefits based on the health status of the insured" means a
16 contract of insurance to pay a fixed benefit amount, without regard to the
17 specific services received, to a policyholder who meets certain
18 eligibility criteria based on health status including:
19 (a) A disability income insurance policy that pays a fixed daily,
20 weekly or monthly benefit amount to an insured who is deemed to have a
21 disability as defined by the policy terms.
22 (b) A hospital indemnity policy that pays a fixed daily benefit
23 during hospital confinement.
24 (c) A disability insurance policy that pays a fixed daily, weekly
25 or monthly benefit amount to an insured who is certified by a licensed
26 health care professional as chronically ill as defined by the policy
27 terms.
28 (d) A disability insurance policy that pays a fixed daily, weekly
29 or monthly benefit amount to an insured who suffers from a prolonged
30 physical illness, disability or cognitive disorder as defined by the
31 policy terms.
32 3. "Claim":
33 (a) Means a request for payment for a service already provided.
34 ~~Claim~~
35 (b) Does not include:
36 ~~(a)~~ (i) Claim adjustments for usual and customary charges for a
37 service or coordination of benefits between health care insurers.
38 ~~(b)~~ (ii) A request for payment under a policy or contract that
39 pays benefits based on the health status of the insured and that does not
40 reimburse the cost of or provide covered services.
41 4. "Covered service" means a service that is included in a policy,
42 evidence of coverage or similar document that specifies which services,
43 insurance or other benefits are included or covered.

1 5. "Denial":

2 (a) Means a direct or indirect determination regarding all or part
3 of a request for any service.

4 (b) INCLUDES A DENIAL, REDUCTION OR TERMINATION OF A SERVICE OR A
5 RESCISSION or a direct determination regarding a claim that may trigger a
6 request for review. ~~or reconsideration. Denial~~

7 (c) Does not include:

8 ~~(a)~~ (i) Enforcement of a health care insurer's deductibles,
9 copayments or coinsurance requirements or adjustments for usual and
10 customary charges, deductibles, copayments or coinsurance requirements for
11 a service or coordination of benefits between health care insurers.

12 ~~(b)~~ (ii) The rejection of a request for payment under a policy or
13 contract that pays benefits based on the health status of the insured and
14 that does not reimburse the cost of or provide covered services.

15 6. "FINAL INTERNAL ADVERSE DETERMINATION" MEANS AN ADVERSE
16 DETERMINATION THAT IS UPHELD, IN WHOLE OR IN PART, AT THE COMPLETION OF
17 THE HEALTH CARE INSURER'S INTERNAL LEVELS OF REVIEW OR AN ADVERSE
18 DETERMINATION WITH RESPECT TO WHICH THE INTERNAL LEVELS OF REVIEW HAVE
19 BEEN WAIVED OR DEEMED EXHAUSTED.

20 7. "GRANDFATHERED INDIVIDUAL PLAN" MEANS COVERAGE PROVIDED BY AN
21 INDIVIDUAL HEALTH CARE INSURER WHICH WAS PURCHASED BEFORE MARCH 23, 2010
22 AND WHICH HAS NOT LOST SUCH STATUS DUE TO CHANGES IN BENEFITS.

23 ~~6.~~ 8. "Health care insurer" means a disability insurer, group
24 disability insurer, blanket disability insurer, health care services
25 organization, hospital service corporation, prepaid dental plan
26 organization, medical service corporation, dental service corporation or
27 optometric service corporation or a hospital, medical, dental and
28 optometric service corporation.

29 9. "HEALTH CARE SETTING" MEANS AN INSTITUTION PROVIDING HEALTH CARE
30 SERVICES, INCLUDING BUT NOT LIMITED TO, HOSPITALS AND OTHER LICENSED
31 INPATIENT CENTERS, AMBULATORY SURGICAL OR TREATMENT CENTERS, SKILLED
32 NURSING CENTERS, RESIDENTIAL TREATMENT CENTERS, DIAGNOSTIC, LABORATORY AND
33 IMAGING CENTERS AND REHABILITATION AND OTHER THERAPEUTIC HEALTH SETTINGS.

34 ~~7.~~ 10. "Indirect denial" means a failure to communicate
35 authorization or nonauthorization to the member by the utilization review
36 agent within ~~ten business days~~ THE PRESCRIBED TIME FRAMES PURSUANT TO
37 SECTION 20-3404 after the utilization review agent receives the request
38 for a covered service.

39 11. "INTERNAL LEVELS OF REVIEW" MEANS:

40 (a) AN EXPEDITED MEDICAL REVIEW AND EXPEDITED APPEAL PURSUANT TO
41 SECTION 20-2534.

42 (b) AN INITIAL INTERNAL APPEAL PURSUANT TO SECTION 20-2535.

43 (c) A VOLUNTARY INTERNAL APPEAL PURSUANT TO SECTION 20-2536, IF
44 APPLICABLE.

1 board eligible under the standards of the appropriate American medical
2 specialty board.

3 3. Include in the adopted utilization review plan a process for
4 prompt initial reconsideration of an adverse ~~decision~~ DETERMINATION and a
5 process for appeals that meet the requirements of this article. This
6 paragraph does not apply to utilization review activities limited to
7 retrospective claims review.

8 B. Deviations from the written standards and criteria in the
9 utilization review plan are allowed if the utilization review agent
10 determines that the member and other members with similar symptoms and
11 diagnoses would materially benefit from new treatments available because
12 of medical or technological advances made since the adoption of the
13 utilization review plan and made in accordance with accepted medical
14 standards. This subsection does not apply to utilization review
15 activities limited to retrospective claims review. Nothing in this
16 subsection creates a private right or cause of action against a health
17 care insurer or utilization review agent for failure to deviate from the
18 utilization review plan.

19 C. A health care insurer who uses the services of an outside
20 utilization review agent shall adopt a utilization review plan pursuant to
21 subsections A and B of this section. The utilization review plan adopted
22 and filed by the health care insurer who uses the services of an outside
23 utilization review agent is deemed adopted by that utilization review
24 agent.

25 D. A health care insurer who uses the services of an outside
26 utilization review agent is responsible for the utilization review agent's
27 acts that are within the scope of the written and filed utilization review
28 plan, including the administration of all patient claims processed by the
29 utilization review agent on behalf of the health care insurer.

30 E. Each utilization review agent shall file a notice with the
31 director that provides a specific description and the published date of
32 the source of the written standards and criteria of the utilization review
33 plan and that certifies that the utilization review plan in use complies
34 with the requirements of this section, is available for review and
35 inspection at a designated location in this state or at an office
36 accessible to authorized representatives of the director in another state
37 and is the complete utilization review plan with all standards and
38 criteria on which utilization review decisions are based. A copy of any
39 portion of the utilization review plan on which any adverse ~~decisions~~
40 DETERMINATIONS have been based shall be made before the effective date of
41 any modification and the utilization review agent shall retain a copy at
42 the designated location for review and inspection for a period of five
43 years after the date of the modification. If at any time a complete

1 change in the written standards and criteria occurs, the utilization
2 review agent shall file a new certification notice with the director.

3 F. On or before March 1 of each year after the year in which the
4 utilization review agent filed the notice prescribed in subsection E of
5 this section, the utilization review agent or the agent's successor shall
6 submit a signed and notarized annual report to the director that includes
7 the designated location for review and inspection by the director or the
8 director's authorized representative and that certifies that:

9 1. The utilization review plan and all modifications remain in
10 compliance with the requirements of this section.

11 2. The utilization review agent will conduct all utilization
12 reviews in accordance with the plan.

13 3. All adverse ~~decisions~~ DETERMINATIONS made in the prior year were
14 based on the plan in effect on the date of those ~~decisions~~ ADVERSE
15 DETERMINATIONS.

16 G. On written request, the utilization review agent shall provide
17 copies to any member or the member's treating provider of:

18 1. Those portions of the utilization review agent's utilization
19 review plan that are relevant to the request for a covered service or
20 claim for a covered service.

21 2. The protocols or guidelines that were used if the standards and
22 criteria adopted are based on protocols or guidelines developed by an
23 American medical specialty board.

24 H. Any person who requests records pursuant to subsection G of this
25 section shall direct the request to the utilization review agent and not
26 to the department.

27 I. If the utilization review plan is copyrighted by a person other
28 than the utilization review agent, the health care insurer shall make a
29 good faith effort to obtain permission from that person to make copies of
30 the relevant material. If the health care insurer is unable to secure
31 copyright permission, the utilization review agent shall provide a
32 detailed summary of the relevant portions of the utilization review plan.

33 J. Health care insurers having utilization review activities
34 limited to retrospective claims review shall be required to adopt only
35 those procedures and sources of review that are traditionally associated
36 with and necessary for retrospective claims review.

37 Sec. 3. Section 20-2533, Arizona Revised Statutes, is amended to
38 read:

39 20-2533. Denial; levels of review; disclosure; additional
40 time after service by mail; review process

41 A. NO MINIMUM DOLLAR AMOUNT MAY BE IMPOSED ON ANY CLAIM THAT IS THE
42 SUBJECT OF AN ADVERSE DETERMINATION FOR A MEMBER TO, AND any member who
43 ~~is denied a covered service or whose claim for a service is denied~~
44 RECEIVES AN ADVERSE DETERMINATION may, pursue the applicable review

1 process prescribed in this article. Except as provided in sections
2 20-2534 and 20-2535, health care insurers shall provide at least the
3 following levels of review, as applicable:

4 1. An expedited medical review and expedited appeal pursuant to
5 section 20-2534.

6 2. An ~~informal reconsideration~~ INITIAL APPEAL pursuant to section
7 20-2535.

8 ~~3. A formal appeal process pursuant to section 20-2536.~~

9 ~~4.~~ 3. An external independent review pursuant to section 20-2537.

10 ~~B. A health care insurer may offer additional levels of review
11 other than the levels prescribed in subsection A of this section as long
12 as the additional levels of review do not increase the time period
13 limitations prescribed by this article.~~

14 B. FOR GROUP PLANS, AND FOR GRANDFATHERED INDIVIDUAL PLANS, A
15 HEALTH CARE INSURER MAY ELECT TO OFFER A VOLUNTARY INTERNAL APPEAL
16 PURSUANT TO SECTION 20-2536 AS AN ADDITIONAL INTERNAL LEVEL OF REVIEW
17 AFTER A DETERMINATION OF AN INITIAL APPEAL.

18 C. FOR INDIVIDUAL PLANS AND GROUP PLANS FOR WHICH THE HEALTH CARE
19 INSURER DOES NOT ELECT TO OFFER A VOLUNTARY INTERNAL APPEAL AS AN INTERNAL
20 LEVEL OF REVIEW, THE HEALTH CARE INSURER SHALL:

21 1. WITH THE EXCEPTION OF A DENIAL OF A CLAIM FOR SERVICE THAT HAS
22 ALREADY BEEN PROVIDED, SEND THE MEMBER A WRITTEN DETERMINATION WITHIN
23 THIRTY DAYS AFTER THE HEALTH CARE INSURER RECEIVES THE APPEAL REQUEST.

24 2. FOR A DENIAL OF A CLAIM FOR SERVICE THAT HAS ALREADY BEEN
25 PROVIDED, SEND THE MEMBER A WRITTEN DETERMINATION WITHIN SIXTY DAYS AFTER
26 THE HEALTH CARE INSURER RECEIVES THE APPEAL REQUEST.

27 D. A HEALTH CARE INSURER THAT ELECTS TO OFFER A VOLUNTARY INTERNAL
28 APPEAL FOR THE HEALTH CARE INSURER'S GROUP PLANS SHALL:

29 1. WITH THE EXCEPTION OF A DENIAL OF A CLAIM FOR SERVICE THAT HAS
30 ALREADY BEEN PROVIDED, SEND THE MEMBER A WRITTEN DETERMINATION WITHIN
31 FIFTEEN DAYS AFTER THE HEALTH CARE INSURER RECEIVES THE INITIAL APPEAL
32 REQUEST AND WITHIN FIFTEEN DAYS AFTER THE HEALTH CARE INSURER RECEIVES THE
33 VOLUNTARY INTERNAL APPEAL REQUEST.

34 2. FOR A DENIAL OF A CLAIM FOR A SERVICE THAT HAS ALREADY BEEN
35 PROVIDED, SEND THE MEMBER ITS WRITTEN DETERMINATION WITHIN THIRTY DAYS
36 AFTER THE HEALTH CARE INSURER RECEIVES THE HEALTH CARE INSURER RECEIVES
37 THE INITIAL APPEAL REQUEST AND WITHIN THIRTY DAYS AFTER THE HEALTH CARE
38 INSURER RECEIVES THE VOLUNTARY INTERNAL APPEAL REQUEST.

39 E. A HEALTH CARE INSURER SHALL PROVIDE A WRITTEN DETERMINATION AS
40 REQUIRED BY THIS SECTION AND INCLUDE THE BASIS, CRITERIA USED, CLINICAL
41 REASONS AND RATIONALE FOR THE DETERMINATION.

42 F. EXCEPT AS PROVIDED IN SECTIONS 20-2534 AND 20-2537, A MEMBER
43 SHALL BE CONSIDERED TO HAVE EXHAUSTED A HEALTH CARE INSURER'S INTERNAL
44 LEVELS OF REVIEW IF THE HEALTH CARE INSURER FAILS TO COMPLY WITH THIS

1 ARTICLE, EXCEPT TO THE EXTENT THAT THE MEMBER REQUESTED OR AGREED TO THE
2 DELAY, AND THE MEMBER MAY SIMULTANEOUSLY INITIATE AN EXPEDITED EXTERNAL
3 INDEPENDENT REVIEW.

4 G. NOTWITHSTANDING SUBSECTION A, PARAGRAPH 2 OF THIS SECTION, A
5 HEALTH CARE INSURER MAY WAIVE THE INTERNAL APPEAL PROCESS.

6 ~~E.~~ H. At the time coverage is initiated, each health care insurer
7 that operates in this state and whose utilization review system includes
8 the power to affect the direct or indirect denial of requested medical or
9 health care services or claims for medical or health care services shall
10 include a separate information packet that is approved by the director
11 with the member's policy, evidence of coverage or similar document. At
12 the time coverage is renewed, each health care insurer shall include a
13 separate statement with the member's policy, evidence of coverage or
14 similar document that informs the member that the member can obtain a
15 replacement packet that explains the appeal process by contacting a
16 specific department and telephone number. A health care insurer shall
17 also provide a copy of the information packet to the member or the
18 member's treating provider on request and ~~provide access to a copy of the~~
19 SHALL PROMINENTLY DISPLAY A COPY OF THE APPROVED information packet on its
20 website. The information packet provided by the health care insurer shall
21 include all of the following information:

22 1. A detailed description and explanation of each level of review
23 prescribed in ~~subsection~~ SUBSECTIONS A AND B of this section and notice of
24 the member's right to proceed to the next level of review if the prior
25 review is unsuccessful.

26 2. An explanation of the procedures that the member must follow,
27 including the applicable time periods, for each APPLICABLE level of review
28 prescribed in ~~subsection~~ SUBSECTIONS A, B, C AND D of this section and an
29 explanation of how the member may obtain the member's medical records
30 pursuant to title 12, chapter 13, article 7.1.

31 3. The specific title and department of the person and the address,
32 telephone number and fax number or email address of the person whom the
33 member must notify at each APPLICABLE level of review prescribed in
34 ~~subsection~~ SUBSECTIONS A AND B of this section in order to pursue that
35 level of review.

36 4. The specific title and department of the person and the address,
37 telephone number and fax number or email address of the person who will be
38 responsible for processing that review.

39 5. A notice that if the member decides to pursue an appeal the
40 member must provide the person who will be responsible for processing the
41 appeal with any material justification or documentation for the appeal at
42 the time that the member files the written appeal.

1 6. A description of the utilization review agent's and health care
2 insurer's roles at each APPLICABLE level of review prescribed by
3 ~~subsection~~ SUBSECTIONS A, B, C AND D of this section and an outline of the
4 director's role during the external independent review process, if not
5 already described in response to paragraph 1 of this subsection.

6 7. A notice that if the member participates in the process of
7 review pursuant to this article the member waives any privilege of
8 confidentiality of the member's medical records regarding any person who
9 examined or will examine the member's medical records in connection with
10 that review process for the medical condition under review.

11 8. A statement that the member is not responsible for the costs of
12 any external independent review.

13 9. Standardized forms that are prescribed by the department and
14 that a member may use to file and pursue an appeal.

15 10. The name and telephone number for the department of insurance
16 and financial institutions consumer assistance office with a statement
17 that the department of insurance and financial institutions consumer
18 assistance office can assist consumers with questions about the health
19 care appeals process.

20 ~~D.~~ I. At the time of issuing a denial, the health care insurer
21 shall notify the member of the right to appeal under this article. A
22 health care insurer that issues an explanation of benefits document shall
23 satisfy this obligation by prominently displaying in the document a
24 statement about the right to appeal. A health care insurer that does not
25 issue an explanation of benefits document shall satisfy this obligation
26 through some other reasonable means to assure that the member is apprised
27 of the right to appeal at the time of a denial. A reasonable means that
28 includes giving the member's treating provider a form statement about the
29 right to appeal shall require the treating provider to notify the member
30 of the member's right to appeal.

31 ~~E.~~ J. Any written notice, acknowledgment, request, ~~decision~~
32 DETERMINATION or other written document that is sent by mail is deemed
33 received by the person to whom the document is properly addressed on the
34 fifth business day after mailing.

35 ~~F.~~ K. The director shall require any member who files a complaint
36 with the department relating to an adverse ~~decision~~ DETERMINATION to
37 pursue the review process prescribed in this article. This subsection
38 does not limit the director's authority pursuant to chapter 1, article 2
39 of this title.

40 ~~G.~~ L. If the member's complaint ~~is~~ INVOLVES an issue of medical
41 necessity OR APPROPRIATENESS, INCLUDING HEALTH CARE SETTING, LEVEL OF CARE
42 OR EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR
43 INVESTIGATIONAL under the coverage document and not whether the claim or
44 service is covered, the ~~informal reconsideration~~ INITIAL APPEAL PROCESS

1 shall be performed as prescribed by section 20-2535 by a licensed health
2 care professional. If the member's complaint ~~is~~ INVOLVES an issue of
3 medical necessity OR APPROPRIATENESS, INCLUDING HEALTH CARE SETTING, LEVEL
4 OF CARE OR EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR
5 INVESTIGATIONAL under the coverage document and not whether the claim or
6 service is covered, the expedited review or ~~format~~ VOLUNTARY INTERNAL
7 appeal shall be decided by a physician, provider or other health care
8 professional as prescribed by section 20-2534 or 20-2536. Any external
9 independent review shall be decided by a physician, provider or other
10 health care professional as prescribed by section 20-2537.

11 M. BEFORE A HEALTH CARE INSURER MAKES A FINAL INTERNAL ADVERSE
12 DETERMINATION THAT RELIES ON NEW OR ADDITIONAL EVIDENCE GENERATED DIRECTLY
13 OR INDIRECTLY BY THE HEALTH CARE INSURER, THE HEALTH CARE INSURER SHALL
14 PROVIDE THE NEW OR ADDITIONAL INFORMATION TO THE MEMBER FREE OF CHARGE
15 SUFFICIENTLY IN ADVANCE OF THE FINAL ADVERSE DETERMINATION TO ALLOW THE
16 MEMBER A REASONABLE OPPORTUNITY TO RESPOND WITHIN THE APPLICABLE TIME
17 FRAMES FOR THE HEALTH CARE INSURER TO PROVIDE THE MEMBER WITH A WRITTEN
18 DETERMINATION PRESCRIBED IN SUBSECTIONS C AND D OF THIS SECTION.

19 ~~H.~~ N. Any person given access to a member's medical records or
20 other medical information in connection with proceedings pursuant to this
21 article shall maintain the confidentiality of the records or information
22 in accordance with title 12, chapter 13, article 7.1.

23 Sec. 4. Section 20-2534, Arizona Revised Statutes, is amended to
24 read:

25 20-2534. Expedited medical review; expedited appeal

26 A. EXCEPT FOR A DENIAL OF A CLAIM FOR SERVICE OR A RESCISSION OF
27 COVERAGE, any member who ~~is denied a request for a covered service~~
28 RECEIVES AN ADVERSE DETERMINATION may pursue an expedited medical review
29 of that denial if the member's treating provider certifies in writing and
30 provides supporting documentation to the utilization review agent that the
31 time period for the ~~informal reconsideration~~ INITIAL APPEAL process ~~and~~
32 ~~format~~ PRESCRIBED IN SECTION 20-2535 AND, IF APPLICABLE, THE VOLUNTARY
33 INTERNAL appeal process prescribed in ~~sections 20-2535 and~~ SECTION 20-2536
34 ~~is~~ ARE likely to cause a significant negative change in the member's
35 medical condition at issue that is subject to the appeal. The treating
36 provider's certification is not challengeable by the health care
37 insurer. A health care insurer whose utilization review activities
38 consist only of claims review for services already provided is not
39 required to provide its members an expedited medical review or expedited
40 appeal pursuant to this section. A health care insurer who conducts
41 utilization review of claims in connection with services already provided
42 is not required to provide its members an expedited medical review or
43 expedited appeal of a claim related to a service already provided.

1 B. On receipt of the certification and supporting documentation,
2 the utilization review agent has ~~one business day~~ SEVENTY-TWO HOURS to
3 make a ~~decision~~ DETERMINATION and send to the member and the member's
4 treating provider a notice of that ~~decision~~ DETERMINATION, including the
5 BASIS, criteria used, ~~and the~~ clinical reasons AND RATIONALE for that
6 ~~decision~~ DETERMINATION and any references to supporting documentation. If
7 the member's complaint ~~is~~ INVOLVES an issue of medical necessity OR
8 APPROPRIATENESS, INCLUDING HEALTH CARE SETTING, LEVEL OF CARE OR
9 EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR INVESTIGATIONAL
10 under the coverage document and not whether the service is covered, before
11 making a ~~decision~~ DETERMINATION, the agent shall consult with a physician
12 or other health care professional who is licensed pursuant to title 32,
13 chapter 7, 8, 11, 13, 14, 16, 17, 19, 19.1 or 29 or an out-of-state
14 provider, physician or other health care professional who is licensed in
15 another state and who is not licensed in this state and who typically
16 manages the medical condition under review.

17 C. If the utilization review agent affirms the denial of the
18 requested service, the agent shall telephonically provide and send to the
19 member and the member's treating provider a notice of the adverse ~~decision~~
20 DETERMINATION and of the member's option to immediately proceed to an
21 expedited appeal pursuant to subsection E of this section.

22 D. At any time during the expedited appeal process, the utilization
23 review agent may request an expedited external independent review pursuant
24 to section 20-2537. If the utilization review agent initiates an
25 expedited external independent review, the utilization review agent does
26 not have to comply with subsection E of this section.

27 E. If the member chooses to proceed with an expedited appeal, the
28 member's treating provider shall immediately submit a written appeal of
29 the denial of the service to the utilization review agent and provide the
30 utilization review agent with any additional material justification or
31 documentation to support the member's request for the service. Within
32 three business days after receiving the request for an expedited appeal,
33 the utilization review agent shall provide notice of the expedited appeal
34 ~~decision~~ DETERMINATION as prescribed in this subsection. If the member's
35 complaint ~~is~~ INVOLVES an issue of medical necessity OR APPROPRIATENESS,
36 INCLUDING HEALTH CARE SETTING, LEVEL OF CARE OR EFFECTIVENESS OF A COVERED
37 BENEFIT, OR IS EXPERIMENTAL OR INVESTIGATIONAL under the coverage document
38 and not whether the service is covered, ~~any provider, physician or other~~
39 ~~health care professional who is licensed pursuant to title 32, chapter 7,~~
40 ~~8, 11, 13, 14, 16, 17, 19, 19.1 or 29 or an out-of-state provider,~~
41 ~~physician or other health care professional who is licensed in another~~
42 ~~state and who is not licensed in this state, who is employed or under~~
43 ~~contract with the utilization review agent and who is qualified in a~~
44 ~~similar scope of practice as a provider, physician or other health care~~

1 ~~professional who is licensed pursuant to title 32, chapter 7, 8, 11, 13,~~
2 ~~14, 16, 17, 19, 19.1 or 29 or an out-of-state provider, physician or other~~
3 ~~health care professional who is licensed in another state and who is not~~
4 ~~licensed in this state and who typically manages the medical condition~~
5 ~~under appeal shall review the expedited appeal and render a decision based~~
6 ~~on the utilization review plan adopted by the utilization review~~
7 ~~agent. Pursuant to the requirements of this subsection, the utilization~~
8 review agent shall select ~~the A provider, physician or other health care~~
9 ~~professional~~ who shall review the appeal and render the ~~decision~~
10 DETERMINATION BASED ON THE UTILIZATION REVIEW PLAN ADOPTED BY THE
11 UTILIZATION REVIEW AGENT. If the utilization review agent, ~~OR~~
12 ~~provider, physician or other health care professional~~ denies the expedited
13 appeal, the utilization review agent shall telephonically provide and send
14 to the member and the member's treating provider a notice of the denial
15 and of the member's option to immediately proceed to the external
16 independent review prescribed in section 20-2537. FOR THE PURPOSES OF
17 THIS SUBSECTION:

18 1. "ADVANCED PRACTICE REGISTERED NURSE" MEANS ANY OF THE FOLLOWING
19 AS DEFINED IN SECTION 32-1601:

- 20 (a) A CERTIFIED NURSE MIDWIFE.
- 21 (b) A CERTIFIED REGISTERED NURSE ANESTHETIST.
- 22 (c) A CLINICAL NURSE SPECIALIST.
- 23 (d) A REGISTERED NURSE PRACTITIONER.

24 2. "PROVIDER" MEANS EITHER OF THE FOLLOWING:

25 (a) A PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL WHO IS LICENSED
26 PURSUANT TO TITLE 32, CHAPTER 7, 8, 11, 13, 14, 16, 17, 19, 19.1 OR 29 OR
27 AN ADVANCED PRACTICE REGISTERED NURSE WHO IS LICENSED PURSUANT TO TITLE
28 32, CHAPTER 15, WHO IS QUALIFIED IN A SIMILAR SCOPE OF PRACTICE AS A
29 PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL LICENSED PURSUANT TO TITLE
30 32, CHAPTER 7, 8, 11, 13, 14, 16, 17, 19, 19.1 OR 29 OR AN ADVANCED
31 PRACTICE REGISTERED NURSE WHO IS LICENSED PURSUANT TO TITLE 32, CHAPTER 15
32 AND WHO IS EMPLOYED OR UNDER CONTRACT WITH THE UTILIZATION REVIEW AGENT.

33 (b) AN OUT-OF-STATE PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL WHO
34 IS LICENSED IN ANOTHER STATE AND WHO IS NOT LICENSED IN THIS STATE, WHO IS
35 EMPLOYED OR UNDER CONTRACT WITH THE UTILIZATION REVIEW AGENT AND WHO
36 EITHER IS QUALIFIED IN A SIMILAR SCOPE OF PRACTICE AS A PHYSICIAN OR OTHER
37 HEALTH CARE PROFESSIONAL LICENSED PURSUANT TO TITLE 32, CHAPTER 7, 8, 11,
38 13, 14, 16, 17, 19, 19.1 OR 29 OR AN ADVANCED PRACTICE REGISTERED NURSE
39 WHO IS LICENSED PURSUANT TO TITLE 32, CHAPTER 15 OR WHO TYPICALLY MANAGES
40 THE MEDICAL CONDITION UNDER APPEAL.

41 F. If the utilization review agent, provider, physician or other
42 health care professional concludes that the covered service should be
43 provided, the health care insurer is bound by the utilization review
44 agent's ~~decision~~ DETERMINATION.

1 Sec. 5. Section 20-2535, Arizona Revised Statutes, is amended to
2 read:

3 20-2535. Initial appeal

4 A. Any member who ~~is denied a service~~ RECEIVES AN ADVERSE
5 DETERMINATION and who does not qualify for an expedited medical review
6 pursuant to section 20-2534 may request, either orally or in writing, an
7 ~~informal reconsideration~~ INITIAL APPEAL of that denial by notifying the
8 person described in section 20-2533, subsection ~~Ⓒ~~ H, paragraph 3. After
9 the denial, the member has up to two years to request an ~~informal~~
10 ~~reconsideration~~ INITIAL APPEAL. ~~A health care insurer whose utilization~~
11 ~~review consists only of claims review for services already provided is not~~
12 ~~required to provide its members an informal reconsideration pursuant to~~
13 ~~this section. A health care insurer who conducts utilization review of~~
14 ~~claims in connection with services already provided is not required to~~
15 ~~provide its members an informal reconsideration of a claim related to a~~
16 ~~service already provided.~~

17 ~~B. The utilization review agent shall send a written acknowledgment~~
18 ~~to the member and the member's treating provider within five business days~~
19 ~~after the utilization review agent receives the request for informal~~
20 ~~reconsideration.~~

21 ~~Ⓒ~~ B. The utilization review agent may request any pertinent
22 medical records pursuant to title 12, chapter 13, article 7.1 that are
23 necessary for the ~~informal reconsideration~~ INITIAL APPEAL.

24 C. IF THE MEMBER'S APPEAL INVOLVES AN ISSUE OF MEDICAL NECESSITY OR
25 APPROPRIATENESS, INCLUDING HEALTH CARE SETTING, LEVEL OF CARE OR
26 EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR INVESTIGATIONAL
27 UNDER THE COVERAGE DOCUMENT AND NOT WHETHER THE SERVICE IS COVERED, THE
28 UTILIZATION REVIEW AGENT SHALL SELECT A PROVIDER TO REVIEW THE APPEAL AND
29 RENDER A DETERMINATION BASED ON THE UTILIZATION REVIEW PLAN. FOR THE
30 PURPOSES OF THIS SUBSECTION:

31 1. "ADVANCED PRACTICE REGISTERED NURSE" MEANS ANY OF THE FOLLOWING
32 AS DEFINED IN SECTION 32-1601:

- 33 (a) A CERTIFIED NURSE MIDWIFE.
- 34 (b) A CERTIFIED REGISTERED NURSE ANESTHETIST.
- 35 (c) A CLINICAL NURSE SPECIALIST.
- 36 (d) A REGISTERED NURSE PRACTITIONER.

37 2. "PROVIDER" MEANS EITHER OF THE FOLLOWING:

- 38 (a) A PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL WHO IS LICENSED
39 PURSUANT TO TITLE 32, CHAPTER 7, 8, 11, 13, 14, 16, 17, 19, 19.1 OR 29 OR
40 AN ADVANCED PRACTICE REGISTERED NURSE WHO IS LICENSED PURSUANT TO TITLE
41 32, CHAPTER 15, WHO IS QUALIFIED IN A SIMILAR SCOPE OF PRACTICE AS A
42 PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL LICENSED PURSUANT TO TITLE 32,
43 CHAPTER 7, 8, 11, 13, 14, 16, 17, 19, 19.1 OR 29 OR AN ADVANCED PRACTICE

1 REGISTERED NURSE WHO IS LICENSED PURSUANT TO TITLE 32, CHAPTER 15 AND WHO
2 IS EMPLOYED OR UNDER CONTRACT WITH THE UTILIZATION REVIEW AGENT.

3 (b) AN OUT-OF-STATE PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL WHO
4 IS LICENSED IN ANOTHER STATE AND WHO IS NOT LICENSED IN THIS STATE, WHO IS
5 EMPLOYED OR UNDER CONTRACT WITH THE UTILIZATION REVIEW AGENT AND WHO
6 EITHER IS QUALIFIED IN A SIMILAR SCOPE OF PRACTICE AS A PHYSICIAN OR OTHER
7 HEALTH CARE PROFESSIONAL LICENSED PURSUANT TO TITLE 32, CHAPTER 7, 8, 11,
8 13, 14, 16, 17, 19, 19.1 OR 29 OR AN ADVANCED PRACTICE REGISTERED NURSE
9 WHO IS LICENSED PURSUANT TO TITLE 32, CHAPTER 15 OR WHO TYPICALLY MANAGES
10 THE MEDICAL CONDITION UNDER APPEAL.

11 D. WITHIN THE TIME FRAMES PRESCRIBED IN SECTION 20-2533,
12 SUBSECTIONS C AND D, The utilization review agent ~~has up to thirty days~~
13 ~~after receipt of the request for reconsideration to~~ SHALL send to the
14 member and the member's treating provider a notice of the utilization
15 review agent's ~~decision~~ DETERMINATION and the BASIS, criteria used,
16 ~~and the~~ clinical reasons AND RATIONALE for that ~~decision~~ DETERMINATION.

17 E. At any time during the ~~informal reconsideration~~ INITIAL APPEAL
18 process, the utilization review agent may submit a request to the director
19 to initiate an external independent review process pursuant to section
20 20-2537. At the same time that the utilization review agent submits the
21 request to the director, the utilization review agent shall also render a
22 written ~~decision~~ DETERMINATION and shall send the written ~~decision~~
23 DETERMINATION, including the BASIS, criteria used, ~~and the~~ clinical
24 reasons AND RATIONALE for that ~~decision~~ DETERMINATION and any references
25 to supporting documentation, to the member, the member's treating provider
26 and the director.

27 F. If the utilization review agent does not submit a request to the
28 director pursuant to subsection E of this section and at the conclusion of
29 the ~~informal reconsideration~~ INITIAL APPEAL process the utilization review
30 agent denies the covered service or the claim for the covered service, the
31 utilization review agent shall provide the member and the treating
32 provider with a written statement of the agent's decision and the BASIS,
33 criteria used, ~~and the~~ clinical reasons AND RATIONALE for that ~~decision~~
34 DETERMINATION, including any references to any supporting documentation.
35 ~~and~~ THE DETERMINATION SHALL INCLUDE a notice of the option to proceed
36 ~~after the format~~ TO THE VOLUNTARY INTERNAL appeal process PURSUANT TO
37 SECTION 20-2536 FOR A GROUP HEALTH PLAN OR GRANDFATHERED INDIVIDUAL PLAN
38 FOR WHICH THE HEALTH CARE INSURER ELECTED TO HAVE A VOLUNTARY INTERNAL
39 APPEAL LEVEL OF REVIEW OR to an external independent review PURSUANT TO
40 SECTION 20-2537 IF THE HEALTH CARE INSURER HAS ONLY ONE INTERNAL LEVEL OF
41 REVIEW.

1 G. If the utilization review agent concludes that the covered
2 service should be provided or the claim for a covered service should be
3 paid, the health care insurer is bound by the utilization review agent's
4 ~~decision~~ DETERMINATION.

5 Sec. 6. Section 20-2536, Arizona Revised Statutes, is amended to
6 read:

7 20-2536. Voluntary internal appeal

8 A. FOR A GROUP HEALTH PLAN, OR A GRANDFATHERED INDIVIDUAL PLAN, IF
9 A HEALTH CARE INSURER ELECTS TO INCLUDE AS PART OF ITS INTERNAL REVIEW
10 LEVELS A VOLUNTARY INTERNAL APPEAL LEVEL after any applicable ~~informal~~
11 ~~reconsideration~~ INITIAL APPEAL pursuant to section 20-2535, ~~if~~ AND the
12 utilization review agent denies the member's ~~request for a covered service~~
13 INITIAL REQUEST, the member may appeal that adverse ~~decision~~ DETERMINATION
14 TO THE VOLUNTARY INTERNAL APPEAL LEVEL. The member shall send a written
15 appeal to the utilization review agent within sixty days after receipt of
16 the adverse ~~decision~~ DETERMINATION. ~~In the event of a denial of a claim~~
17 ~~for a service that has already been provided, the member may appeal that~~
18 ~~denial by filing a written appeal with the utilization review agent within~~
19 ~~two years after receipt of the notice of the denial.~~

20 ~~B. The utilization review agent shall send a written acknowledgment~~
21 ~~to the member and the member's treating provider within five business days~~
22 ~~after the agent receives the formal appeal.~~

23 ~~C. B.~~ B. The member or the member's treating provider shall submit to
24 the utilization review agent with the written ~~format~~ VOLUNTARY INTERNAL
25 appeal any material justification or documentation to support the member's
26 request for the service or claim for a service.

27 ~~D. C.~~ C. If the member's ~~complaint~~ APPEAL ~~is~~ INVOLVES an issue of
28 medical necessity OR APPROPRIATENESS, INCLUDING HEALTH CARE SETTING, LEVEL
29 OF CARE OR EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR
30 INVESTIGATIONAL under the coverage document and not whether the service is
31 covered, ~~a provider, physician or other health care professional who is~~
32 ~~licensed pursuant to title 32, chapter 7, 8, 11, 13, 14, 16, 17, 19, 19.1~~
33 ~~or 29 or an out-of-state provider physician or other health care~~
34 ~~professional who is licensed in another state and who is not licensed in~~
35 ~~this state, who is employed or under contract with the utilization review~~
36 ~~agent and who is qualified in a similar scope of practice as a provider,~~
37 ~~physician or other health care professional licensed pursuant to title 32,~~
38 ~~chapter 7, 8, 11, 13, 14, 16, 17, 19, 19.1 or 29 or an out-of-state~~
39 ~~provider, physician or other health care professional who is licensed in~~
40 ~~another state and who is not licensed in this state and who typically~~
41 ~~manages the medical condition under appeal shall review the appeal and~~
42 ~~render a decision based on the utilization review plan adopted by the~~
43 ~~utilization review agent. Pursuant to the requirements of this~~
44 ~~subsection,~~ the utilization review agent shall select the A

1 provider, ~~physician or other health care professional who shall~~ TO review
2 the appeal and render ~~the decision~~ A DETERMINATION BASED ON THE
3 UTILIZATION REVIEW PLAN ADOPTED BY THE UTILIZATION REVIEW AGENT. FOR THE
4 PURPOSES OF THIS SUBSECTION:

5 1. "ADVANCED PRACTICE REGISTERED NURSE" MEANS ANY OF THE FOLLOWING
6 AS DEFINED IN SECTION 32-1601:

- 7 (a) A CERTIFIED NURSE MIDWIFE.
- 8 (b) A CERTIFIED REGISTERED NURSE ANESTHETIST.
- 9 (c) A CLINICAL NURSE SPECIALIST.
- 10 (d) A REGISTERED NURSE PRACTITIONER.

11 2. "PROVIDER" MEANS EITHER OF THE FOLLOWING:

12 (a) A PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL WHO IS LICENSED
13 PURSUANT TO TITLE 32, CHAPTER 7, 8, 11, 13, 14, 16, 17, 19, 19.1 OR 29 OR
14 AN ADVANCED PRACTICE REGISTERED NURSE WHO IS LICENSED PURSUANT TO TITLE
15 32, CHAPTER 15, WHO IS QUALIFIED IN A SIMILAR SCOPE OF PRACTICE AS A
16 PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL LICENSED PURSUANT TO TITLE 32,
17 CHAPTER 7, 8, 11, 13, 14, 16, 17, 19, 19.1 OR 29 OR AN ADVANCED PRACTICE
18 REGISTERED NURSE WHO IS LICENSED PURSUANT TO TITLE 32, CHAPTER 15 AND WHO
19 IS EMPLOYED OR UNDER CONTRACT WITH THE UTILIZATION REVIEW AGENT.

20 (b) AN OUT-OF-STATE PHYSICIAN OR OTHER HEALTH CARE PROFESSIONAL WHO
21 IS LICENSED IN ANOTHER STATE AND WHO IS NOT LICENSED IN THIS STATE, WHO IS
22 EMPLOYED OR UNDER CONTRACT WITH THE UTILIZATION REVIEW AGENT AND WHO
23 EITHER IS QUALIFIED IN A SIMILAR SCOPE OF PRACTICE AS A PHYSICIAN OR OTHER
24 HEALTH CARE PROFESSIONAL LICENSED PURSUANT TO TITLE 32, CHAPTER 7, 8, 11,
25 13, 14, 16, 17, 19, 19.1 OR 29 OR AN ADVANCED PRACTICE REGISTERED NURSE
26 WHO IS LICENSED PURSUANT TO TITLE 32, CHAPTER 15 OR WHO TYPICALLY MANAGES
27 THE MEDICAL CONDITION UNDER APPEAL.

28 ~~F.~~ D. Except as provided in subsection ~~F~~ E of this section, the
29 utilization review agent ~~has:~~

30 ~~1. With respect to adverse decisions relating to services that have~~
31 ~~not been provided, up to thirty days after receipt of the written appeal~~
32 ~~to notify the member in writing of the utilization review agent's decision~~
33 ~~and the criteria used and the clinical reasons for that decision.~~

34 ~~2. With respect to denials relating to claims that have already~~
35 ~~been provided, up to sixty days after receipt of the written appeal to~~
36 ~~notify the member in writing of the utilization review agent's decision~~
37 ~~and the criteria used and the clinical reasons for that decision.~~ SHALL
38 SEND TO THE MEMBER AND THE MEMBER'S TREATING PROVIDER A NOTICE OF THE
39 UTILIZATION REVIEW AGENT'S DETERMINATION AND THE BASIS, CRITERIA USED,
40 CLINICAL REASONS AND RATIONALE FOR THAT DETERMINATION WITHIN THE TIME
41 FRAMES PRESCRIBED IN SECTION 20-2533, SUBSECTION D.

42 ~~F.~~ E. At any time during the ~~format~~ VOLUNTARY INTERNAL appeal
43 process, the utilization review agent may request an external independent
44 review process pursuant to section 20-2537. If the utilization review

1 agent initiates the external independent review process, the utilization
2 review agent does not have to comply with subsection ~~F~~ D of this section.

3 ~~F~~ F. If at the conclusion of the ~~format~~ VOLUNTARY INTERNAL appeal
4 process the utilization review agent denies the appeal and the utilization
5 review agent does not initiate the external independent review process,
6 the utilization review agent shall provide the member with notice of the
7 option to proceed to an external independent review pursuant to section
8 20-2537.

9 ~~H~~ G. If the utilization review agent concludes that the covered
10 service should be provided or the claim for a covered service should be
11 paid, the health care insurer is bound by the utilization review agent's
12 ~~decision~~ DETERMINATION.

13 Sec. 7. Section 20-2537, Arizona Revised Statutes, is amended to
14 read:

15 20-2537. External independent review; expedited external
16 independent review

17 A. If the utilization review agent denies the member's request for
18 a covered service or claim for a covered service at ~~both the informal~~
19 ~~reconsideration level and the formal appeal level, or at the expedited~~
20 ~~medical review level~~, ALL APPLICABLE INTERNAL LEVELS OF REVIEW OR IF THE
21 MEMBER HAS EXHAUSTED THE HEALTH CARE INSURER'S INTERNAL LEVELS OF REVIEW
22 PURSUANT TO SECTION 20-2533, SUBSECTION F, the member may initiate an
23 external independent review.

24 B. Except as provided in subsection ~~K~~ N of this section, A MEMBER
25 MAY INITIATE AN EXTERNAL INDEPENDENT REVIEW within four months after the
26 member receives written notice by the utilization review agent of ~~the~~ AN
27 adverse ~~decision~~ DETERMINATION made pursuant to section 20-2534 or
28 20-2536, ~~if the member decides to initiate an external independent review,~~
29 ~~the member shall send~~ BY SENDING to the utilization review agent a written
30 request for an external independent review, including any material
31 justification or documentation to support the member's request for the
32 covered service or claim for a covered service.

33 C. Except as provided in subsection ~~K~~ N of this section, within
34 five business days after the utilization review agent receives a request
35 for an external independent review from the member pursuant to subsection
36 B of this section or the director pursuant to subsection ~~G~~ J of this
37 section, or if the utilization review agent initiates an external
38 independent review pursuant to section 20-2536, subsection F, the
39 utilization review agent shall:

40 1. Send a written acknowledgment to the director, the member, the
41 member's treating provider and the health care insurer. THE
42 ACKNOWLEDGEMENT SHALL INCLUDE NOTICE TO THE MEMBER THAT THE MEMBER HAS
43 FIVE BUSINESS DAYS AFTER RECEIVING THE NOTICE TO SUBMIT ADDITIONAL WRITTEN

1 EVIDENCE TO THE DEPARTMENT FOR CONSIDERATION BY THE ASSIGNED INDEPENDENT
2 REVIEW ORGANIZATION.

3 2. Forward to the director the request for review, the terms of
4 agreement in the member's policy, evidence of coverage or a similar
5 document and all medical records and supporting documentation used to
6 render the ~~decision~~ DETERMINATION pertaining to the member's case, a
7 summary description of the applicable issues including a statement of the
8 utilization review agent's ~~decision~~ DETERMINATION, the BASIS, criteria
9 used, ~~and the~~ clinical reasons AND RATIONALE for that ~~decision~~
10 DETERMINATION, the relevant portions of the utilization review agent's
11 utilization review plan and the name and credentials of the licensed
12 health care provider who reviewed the case as required by section 20-2533,
13 subsection ~~G~~ L.

14 D. Except as provided in subsection ~~K~~ N of this section, within
15 five days after the director receives all of the information prescribed in
16 subsection C, paragraph 2 of this section and if the case involves an
17 issue of medical necessity OR APPROPRIATENESS, INCLUDING HEALTH CARE
18 SETTING, LEVEL OF CARE OR EFFECTIVENESS OF A COVERED BENEFIT, OR IS
19 EXPERIMENTAL OR INVESTIGATIONAL under the coverage document, the director
20 shall choose an independent review organization procured pursuant to
21 section 20-2538 and forward to the organization all of the information
22 required by subsection C, paragraph 2 of this section.

23 E. WITHIN ONE BUSINESS DAY AFTER THE DIRECTOR RECEIVES ADDITIONAL
24 WRITTEN EVIDENCE SUBMITTED BY THE MEMBER PURSUANT TO SUBSECTION C,
25 PARAGRAPH 1 OF THIS SECTION, THE DIRECTOR SHALL PROVIDE A COPY OF THE
26 EVIDENCE TO THE HEALTH CARE INSURER AND THE INDEPENDENT REVIEW
27 ORGANIZATION. THE INDEPENDENT REVIEW ORGANIZATION SHALL CONSIDER THE
28 EVIDENCE IN MAKING ITS DETERMINATION AND IN ITS DISCRETION MAY CONSIDER
29 EVIDENCE SUBMITTED AFTER FIVE BUSINESS DAYS.

30 ~~E~~ F. Except as provided in subsection ~~K~~ N of this section, for
31 cases involving an issue of medical necessity OR APPROPRIATENESS,
32 INCLUDING HEALTH CARE SETTING, LEVEL OF CARE OR EFFECTIVENESS OF A COVERED
33 BENEFIT, OR IS EXPERIMENTAL OR INVESTIGATIONAL under the coverage
34 document, within twenty-one days after the date of receiving a case for
35 independent review from the director, the independent review organization
36 shall evaluate and analyze the case and, based on all information required
37 under subsection C, paragraph 2 of this section, render a ~~decision~~
38 DETERMINATION that is consistent with the utilization review plan on
39 whether or not the service or claim for the service is medically necessary
40 OR APPROPRIATE, INCLUDING HEALTH CARE SETTING, LEVEL OF CARE OR
41 EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR INVESTIGATIONAL
42 and send the ~~decision~~ DETERMINATION to the director. ~~Within five business~~
43 ~~days after receiving a notice of decision from the independent review~~
44 ~~organization, the director shall send a notice of the decision to the~~

~~utilization review agent, the health care insurer, the member and the member's treating provider. The decision by the independent review organization is a final administrative decision pursuant to title 41, chapter 6, article 10 and is subject to judicial review pursuant to title 12, chapter 7, article 6. The health care insurer shall provide any service or pay any claim determined to be covered and medically necessary by the independent review organization for the case under review regardless of whether judicial review is sought.~~

G. THE INDEPENDENT REVIEW ORGANIZATION'S DETERMINATION PURSUANT TO SUBSECTION F OF THIS SECTION SHALL BE CONSISTENT WITH THE UTILIZATION REVIEW PLAN AND IN ACCORDANCE WITH THE FOLLOWING:

1. THE INDEPENDENT REVIEW ORGANIZATION REVIEWER SHALL CONSIDER THE FOLLOWING INFORMATION IN RENDERING A DETERMINATION, AS APPROPRIATE AND AVAILABLE UNDER THE CIRCUMSTANCES:

(a) THE MEMBER'S PERTINENT MEDICAL RECORDS.

(b) THE TREATING PROVIDER'S RECOMMENDATION.

(c) ANY CONSULTING REPORT FROM A HEALTH CARE PROFESSIONAL.

(d) ANY DOCUMENT SUBMITTED BY A HEALTH CARE INSURER OR MEMBER.

(e) FOR CLAIMS OR REQUESTS FOR SERVICES DENIED FOR REASONS OTHER THAN AS EXPERIMENTAL OR INVESTIGATIONAL, THE INDEPENDENT REVIEW ORGANIZATION SHALL ALSO CONSIDER:

(i) THE MOST APPROPRIATE PRACTICE GUIDELINES, WHICH SHALL INCLUDE APPLICABLE EVIDENCE-BASED STANDARDS AND MAY INCLUDE ANY OTHER PRACTICE GUIDELINES DEVELOPED BY THE FEDERAL GOVERNMENT, NATIONAL OR PROFESSIONAL MEDICAL SOCIETIES, BOARDS AND ASSOCIATIONS.

(ii) ANY APPLICABLE CLINICAL REVIEW CRITERIA DEVELOPED AND USED BY THE HEALTH CARRIER OR ITS DESIGNEE UTILIZATION REVIEW ORGANIZATION.

(iii) THE OPINION OF THE INDEPENDENT REVIEW ORGANIZATION'S CLINICAL REVIEWER OR REVIEWERS AFTER CONSIDERING SUBDIVISIONS (a) THROUGH (d) AND SUBDIVISION (e), ITEMS (i) AND (ii) OF THIS PARAGRAPH TO THE EXTENT THE INFORMATION OR DOCUMENTS ARE AVAILABLE AND THE CLINICAL REVIEWER OR REVIEWERS CONSIDER APPROPRIATE.

(f) FOR CLAIMS OR REQUESTS FOR SERVICES DENIED AS EXPERIMENTAL OR INVESTIGATIONAL, THE INDEPENDENT REVIEW ORGANIZATION SHALL ALSO CONSIDER THE TERMS OF COVERAGE UNDER THE MEMBER'S POLICY WITH THE HEALTH CARE INSURER TO ENSURE THAT EXCEPT FOR A HEALTH CARE INSURER'S DETERMINATION FOR AN EXPERIMENTAL OR INVESTIGATIONAL SERVICE, THE REVIEWER'S OPINION IS NOT CONTRARY TO THE TERMS OF COVERAGE AND ANY OF THE FOLLOWING:

(i) WHETHER THE SERVICE HAS BEEN APPROVED BY THE UNITED STATES FOOD AND DRUG ADMINISTRATION FOR THE CONDITION.

(ii) WHETHER THE MEDICAL OR SCIENTIFIC EVIDENCE OR EVIDENCE-BASED STANDARDS DEMONSTRATE THAT THE EXPECTED BENEFIT OF THE SERVICE IS MORE LIKELY THAN NOT TO BE BENEFICIAL TO THE MEMBER THAN ANY AVAILABLE STANDARD

1 SERVICE AND THAT ANY ADVERSE RISK IS NOT SUBSTANTIALLY INCREASED OVER
2 ADVERSE RISKS OF AVAILABLE STANDARD SERVICES.

3 2. THE INDEPENDENT REVIEW ORGANIZATION REVIEWER'S WRITTEN
4 DETERMINATION SHALL INCLUDE:

5 (a) A DESCRIPTION OF THE COVERED PERSON'S MEDICAL CONDITION.

6 (b) A DESCRIPTION OF THE INDICATORS RELEVANT TO DETERMINING WHETHER
7 THERE IS SUFFICIENT EVIDENCE TO DEMONSTRATE THAT THE EXPECTED BENEFIT OF
8 THE SERVICE IS MORE LIKELY THAN NOT TO BE BENEFICIAL TO THE MEMBER THAN
9 ANY AVAILABLE STANDARD SERVICE AND THAT ANY ADVERSE RISK IS NOT
10 SUBSTANTIALLY INCREASED OVER ADVERSE RISKS OF AVAILABLE STANDARD SERVICES.

11 (c) A DESCRIPTION AND ANALYSIS OF ANY MEDICAL OR SCIENTIFIC
12 EVIDENCE CONSIDERED IN REACHING THE DETERMINATION.

13 (d) A DESCRIPTION AND ANALYSIS OF ANY EVIDENCE-BASED STANDARD.

14 (e) INFORMATION ON WHETHER THE REVIEWER'S RATIONALE FOR THE
15 DETERMINATION IS BASED ON PARAGRAPH 1, SUBDIVISION (e), ITEMS (i) AND (ii)
16 OF THIS SUBSECTION.

17 H. WITHIN FIVE BUSINESS DAYS AFTER RECEIVING A NOTICE OF
18 DETERMINATION FROM THE INDEPENDENT REVIEW ORGANIZATION, THE DIRECTOR SHALL
19 SEND NOTICE OF THE DETERMINATION TO THE UTILIZATION REVIEW AGENT, THE
20 HEALTH CARE INSURER, THE MEMBER AND THE MEMBER'S TREATING PROVIDER. THE
21 DETERMINATION IS A FINAL ADMINISTRATIVE DECISION PURSUANT TO TITLE 41,
22 CHAPTER 6, ARTICLE 10 AND IS SUBJECT TO JUDICIAL REVIEW PURSUANT TO TITLE
23 12, CHAPTER 7, ARTICLE 6. THE HEALTH CARE INSURER SHALL PROVIDE ANY
24 SERVICE OR PAY ANY CLAIM DETERMINED TO BE COVERED AND MEDICALLY NECESSARY
25 BY THE INDEPENDENT REVIEW ORGANIZATION FOR A CASE UNDER REVIEW WITHOUT
26 DELAY REGARDLESS OF WHETHER JUDICIAL REVIEW IS SOUGHT.

27 ~~F.~~ I. Except as provided in subsection ~~K~~ N of this section, for
28 cases involving an issue of coverage, within fifteen business days after
29 receipt of all of the information prescribed in subsection C, paragraph 2
30 of this section from the utilization review agent, the director shall
31 determine if the service or claim is or is not covered and if the adverse
32 ~~decision~~ DETERMINATION made pursuant to section 20-2536 conforms to the
33 utilization review agent's utilization review plan and this article and
34 shall send a notice of determination to the utilization review agent, the
35 health care insurer, the member and the member's treating provider.

36 ~~G.~~ J. If the director finds that the case involves a medical issue
37 or is unable to determine issues of coverage, the director shall submit
38 the member's case to the external independent review organization in
39 accordance with subsections ~~E~~ F and ~~K~~ N of this section.

40 ~~H.~~ K. After a ~~decision~~ DETERMINATION is made pursuant to
41 subsection ~~E, F, G or K~~ F, I, J OR N of this section, the ~~reconsideration,~~
42 ~~appeal~~ APPEALS and administrative processes are completed and the
43 department's role is ended, except:

1 1. To transmit, when necessary, a record of the proceedings to
2 superior court or to the office of administrative hearings.

3 2. To issue a final administrative decision pursuant to section
4 41-1092.08.

5 ~~F~~ L. Except as provided in subsection ~~K~~ N of this section, on
6 written request by the independent review organization, the member or the
7 utilization review agent, the director may extend the twenty-one day time
8 period prescribed in subsection ~~E~~ F of this section for up to an
9 additional ~~thirty~~ TEN days if the requesting party demonstrates good cause
10 for an extension.

11 ~~J~~ M. A ~~decision~~ DETERMINATION made by the director or an
12 independent review organization pursuant to this section is admissible in
13 proceedings involving a health care insurer or utilization review agent.

14 ~~K~~ N. If the utilization review agent denies the member's request
15 for a covered service or claim for a covered service at the expedited
16 medical review level presented and resolved pursuant to section 20-2534,
17 subsections A and E, DENIES A HEALTH CARE SERVICE FOR WHICH THE MEMBER
18 RECEIVED EMERGENCY SERVICES BUT HAS NOT BEEN DISCHARGED OR DENIES, REDUCES
19 OR TERMINATES COVERAGE FOR A MEMBER'S ADMISSION, THE AVAILABILITY OF CARE,
20 A CONTINUED STAY FOR A COURSE OF TREATMENT BEFORE THE END OF THE PERIOD OF
21 TIME OR NUMBER OF TREATMENTS RECOMMENDED BY THE TREATING PROVIDER, OR IF A
22 MEMBER EXHAUSTED OR THE HEALTH CARE INSURER HAS WAIVED THE HEALTH CARE
23 INSURER'S INTERNAL LEVELS OF REVIEW PURSUANT TO SECTION 20-2533,
24 SUBSECTIONS F AND G, the member may initiate an expedited external
25 independent review in accordance with the following:

26 1. Within ~~five business days~~ FOUR MONTHS after the member receives
27 written notice by the utilization review agent of the adverse ~~decision~~
28 DETERMINATION made pursuant to section 20-2534, if the member decides to
29 initiate an external independent review, the member shall send to the
30 utilization review agent a written request for an expedited external
31 independent review, including any material justification or documentation
32 to support the member's request for the covered service or claim for a
33 covered service. FOR AN ADVERSE DETERMINATION INVOLVING AN EXPERIMENTAL
34 OR INVESTIGATIONAL SERVICE, A MEMBER MAY MAKE AN ORAL REQUEST IF THE
35 MEMBER'S TREATING PHYSICIAN CERTIFIES IN WRITING THAT THE RECOMMENDED
36 SERVICE OR TREATMENT WOULD BE SIGNIFICANTLY LESS EFFECTIVE IF NOT PROMPTLY
37 INITIATED.

38 2. Within one business day after the utilization review agent
39 receives a request for an expedited external independent review from the
40 member pursuant to this subsection or if the utilization review agent
41 initiates an expedited external independent review pursuant to section
42 20-2534, subsection D, the utilization review agent shall:

43 (a) Send a written acknowledgment to the director, the member, the
44 member's treating provider and the health care insurer.

1 (b) Forward to the director the request for an expedited
2 independent external review, the terms of agreement in the member's
3 policy, evidence of coverage or a similar document and all medical records
4 and supporting documentation used to render the ~~decision~~ DETERMINATION
5 pertaining to the member's case, a summary description of the applicable
6 issues including a statement of the utilization review agent's ~~decision~~
7 DETERMINATION, the BASIS, criteria used ~~and the~~ clinical reasons AND
8 RATIONALE for that ~~decision~~ DETERMINATION, the relevant portions of the
9 utilization review agent's utilization review plan and the name and
10 credentials of the licensed health care provider who reviewed the case as
11 required by section 20-2534, subsection B.

12 3. Within two business days after the director receives all of the
13 information prescribed in this subsection and if the case involves an
14 issue of medical necessity OR APPROPRIATENESS, INCLUDING HEALTH CARE
15 SETTING, LEVEL OF CARE OR EFFECTIVENESS OF A COVERED BENEFIT, OR IS
16 EXPERIMENTAL OR INVESTIGATIONAL, the director shall choose an independent
17 review organization procured pursuant to section 20-2538 and forward to
18 the organization all of the information required by this subsection.

19 4. For cases involving an issue of medical necessity OR
20 APPROPRIATENESS, INCLUDING HEALTH CARE SETTING, LEVEL OF CARE OR
21 EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR INVESTIGATIONAL,
22 within seventy-two hours from the date of receiving a case for expedited
23 external independent review from the director, the independent review
24 organization shall evaluate and analyze the case and, based on all
25 information required under subsection C, paragraph 2 of this section,
26 render a ~~decision~~ DETERMINATION that is consistent with the utilization
27 review plan on whether or not the service or claim for the service is
28 medically necessary OR APPROPRIATE, INCLUDING HEALTH CARE SETTING, LEVEL
29 OF CARE OR EFFECTIVENESS OF A COVERED BENEFIT, OR IS EXPERIMENTAL OR
30 INVESTIGATIONAL and send the ~~decision~~ DETERMINATION to the director.
31 Within one business day after receiving a notice of ~~decision~~ DETERMINATION
32 from the independent review organization, the director shall send a notice
33 of the ~~decision~~ DETERMINATION to the utilization review agent, the health
34 care insurer, the member and the member's treating provider. The ~~decision~~
35 DETERMINATION by the independent review organization is a final
36 administrative decision pursuant to title 41, chapter 6, article 10 and,
37 except as provided in section 41-1092.08, subsection H, is subject to
38 judicial review pursuant to title 12, chapter 7, article 6. The health
39 care insurer shall provide any service or pay any claim determined to be
40 covered and medically necessary by the independent review organization for
41 the case under review regardless of whether judicial review is sought.

42 5. For cases involving an issue of coverage, within two business
43 days after receipt of all of the information prescribed in subsection C of
44 this section from the utilization review agent, the director shall

1 determine if the service or claim is or is not covered and if the adverse
2 ~~decision~~ DETERMINATION made pursuant to section 20-2534 conforms to the
3 utilization review agent's utilization review plan and this article and
4 shall send a notice of determination to the utilization review agent, the
5 health care insurer, the member and the member's treating provider.

6 ~~L.~~ O. Notwithstanding title 41, chapter 6, article 10 and section
7 12-908, if a party to a decision issued under this section seeks further
8 administrative review, the department shall not be a party to the action
9 unless the department files a motion to intervene in the action.

10 ~~M.~~ P. The independent review organization, the director or the
11 office of administrative hearings may not order the health care insurer to
12 provide a service or to pay a claim for a benefit or service that is
13 excluded from coverage by the contract.

14 ~~N.~~ Q. The health care insurer shall provide any service or pay any
15 claim determined in a final administrative decision to be covered and
16 medically necessary for the case under review regardless of whether
17 judicial review is sought. Any proceedings before the office of
18 administrative hearings that involve an expedited external independent
19 review and that are subject to subsection ~~K.~~ N of this section shall be
20 promptly instituted and completed.

21 Sec. 8. Title 20, chapter 15, article 2, Arizona Revised Statutes,
22 is amended by adding section 20-2542, to read:

23 20-2542. Recordkeeping

24 A HEALTH CARE INSURER AND AN INDEPENDENT REVIEW ORGANIZATION SHALL
25 MAINTAIN ALL RECORDS RELATED TO INTERNAL AND EXTERNAL APPEALS AND
26 EXCEPTION REQUESTS FOR AT LEAST THREE YEARS AFTER THE COMPLETION OF THE
27 APPEALS PROCESS OR EXCEPTION REQUEST PROCESS.

28 Sec. 9. Effective date

29 This act is effective from and after December 31, 2024.